



5 Dishes to Help You Cool Down in Kansas City This Summer

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April Fleming

3: Ceviche at Blue Sushi Sake Grill

Cool and fresh, sushi is among the most refreshing edibles on a sweltering day, and Blue Sushi Sake Grill in Westwood has one of the city's biggest selections of sushi rolls, including raw, vegan and vegetarian options. Veering slightly off the sushi menu, however, you can try one of the restaurant's most satisfying dishes; ceviche. A mix of citrus-marinated white fish and rock shrimp is combined with dices cucumber, cherry tomatoes, avocado, cilantro, chili oil and sweet onion-jalapeno salsa. Airy wonton crisps serve as chips to scoop it all up.

Blue Sushi Sake Grill, 4705 Rainbow Blvd., Westwood, Kansas, 913.236.6100,
bluesushisakegrill.com

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