



## The Best Restaurants for Vegetarians in Dallas

Lucas Buckles

Because no one wants to disappoint Michelle Obama, it's time you roll some more vegetables into your diet in Big D. Local restaurants are making veggie options more available, and they are far removed from the bland flavorless mush piles of yesteryear. These 15 places around Dallas make sure to knock it out of the park with flavor and give you a reason to come back and try more.



BLUE SUSHI SAKE GRILL

NORTH DALLAS

Sushi has this reputation for only being raw fish. This misrepresentation limits the amount of people being able to experience amazing sushi without wanting meat. Blue Sushi Sake Grill has just the menu for those people. They have a full vegetarian/vegan sushi menu that has numerous options that all sound amazing. Their shojin maki comes with bbq seitan, grilled asparagus, pineapple, shallot, bibb lettuce, nori, soy paper, sweet soy and is one of the best sushi rolls that I've ever had.

<https://www.thrillist.com/eat/dallas/14-best-vegetarian-restaurants-in-dallas>

